

COACHING TIP

From Rex C. Houze

MAINTAINING JOB SATISFACTION

SUGGESTION: Review the following nine points and make a commitment to abide by all of them on a regular basis and/or pick one a week to work on for the next nine weeks.

When you do these things on a regular basis, you will not only enjoy your job, you'll love it:

1. Take responsibility for loving your job instead of blaming others.
2. Focus on what you are passionate about in your job.
3. Avoid sarcasm.
4. Make a list of things you are thankful for in your work.
5. Set work and learning goals, for yourself, for your team.
6. Become more creative in your work.
7. Balance your work with important outside activities.
8. Perform one act of kindness for your customers or colleagues every day.
9. Review and renew job resolutions regularly.

*Awakening Corporate Soul: Four Paths to
Unleash the Power of People at Work*
by Eric Klein and John Izzo

BONUS THOUGHT:

Do more than exist:	live.
Do more than touch:	feel.
Do more than look:	observe.
Do more than read:	absorb.
Do more than hear:	listen.
Do more than listen:	understand.
Do more than think:	reflect.
Do more than just talk:	say something.

--Author unknown